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Friday 21st January 2022

Issue 17 2021 - 2022

Queensgate Foundation  
Primary School



# Fun'raisin' Challenge



Dear Parents and Carers,

## Raisin Challenge

Our PTFA are sending home a box of raisins on Monday. Once your child has eaten their raisins please send the box back into school full of loose change. The money will go to the PTFA and eventually the children. Have a look at all the things the PTFA have bought for the children of Queensgate recently!

## Message from the PTFA

Dear parents and carers of Queensgate Foundation Primary School,

Happy new year! We hope you all had a good time over the holidays.

On Monday the 24th of January we are kick-starting our fundraising with the fun'raisin' challenge!

During this event your child will receive a small box of raisins to take home, please feel free to eat the raisins inside! Then the challenge is to fill the box with copper or silver coins and return it to their class teacher. The class who raises the most money will receive a treat. The box will be given out on Monday 24th January and needs to be returned to school by Friday the 4<sup>th</sup> of February.

Thank you for taking the time to read this letter.

We hope you participate in this wonderful event!

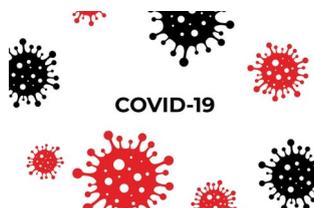
Yours faithfully Queensgate PTFA

The next PTFA meeting is on **Monday 24th January** at **2pm** in the training room. Please do come along.

Please remember that raisins are not good for dogs. Please don't give Benji or your dogs at home raisins.

## Covid Update

We have very few cases of Covid amongst staff and children and we are going back to not using masks in communal areas. We will continue to encourage good hand hygiene. Breakfast club children will be back to mixing across year groups again.



**DID YOU HEAR ON THE GRAPEVINE...?  
WE'RE FUN'RAISIN' FOR THE  
QUEENSGATE CHILDREN!**



The class that raises the most overall will receive a treat from the PTFA!

WE'VE GIVEN YOU SOME RAISINS TO EAT BUT THE EMPTY BOX YOU MUST KEEP. SMALL CHANGE IS WHAT YOU MUST EARN OR FIND. ASK FAMILY AND FRIENDS WE'RE SURE THEY WON'T MIND. PLEASE FILL YOUR BOX RIGHT UP TO THE TOP AND ON FRIDAY THE 4TH OF FEBRUARY WE'LL GATHER THE LOT!

STARTING MONDAY  
THE 24TH OF  
JANUARY!

## WHAT DO WE FUNDRAISE FOR?

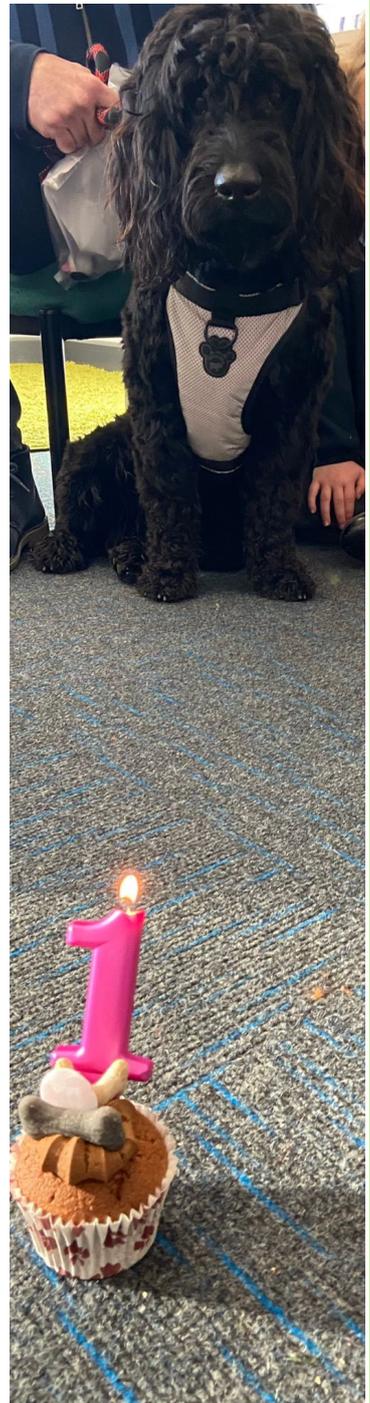


## Benji's Birthday Blog

Benji celebrated his first birthday last Friday. Thank you if you sent him a gift. He enjoyed opening his presents very much. He also enjoyed his birthday cake. Unfortunately, I left my lunch (fish fingers, chips and beans) unattended and he had that as his birthday lunch too!

The children sang Happy Birthday to him in assembly and he had his own balloon. They also learnt a song B-E-N-J-I, B-E-N-J-I, B-E-N-J-I, Benji is our school dog! I'm sure they can sing it to you if you ask them.

Benji has been attending agility classes outside of school, so we have been practising his new skills in school too. Benji is learning to understand the difference between left and right and is doing well at following commands. Benji has also learnt 'crawl', which you can see him demonstrating in the photograph.



## Year 4 Residential

A gentle reminder for our Year 4 parents that there is a payment plan in place if don't want to, or can't afford to pay all in one go, the following dates are the key dates:

£35 due on 1<sup>st</sup> February

£35 due on 1<sup>st</sup> March

£35 due on 1<sup>st</sup> April.

Please remember that all payments need to be made via SCOPAY - please do not send cash or cheques in.





# What's for dinner next week?

(Remember all Reception, Year 1 and Year 2 children are entitled to Free School dinners.)



Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	Allegra's Chicken Filo Pie with Mashed Potato	Roast Gammon with Roast Potatoes and Gravy	Beef Bolognese	Golden Fish Fingers and Chips
Vegetable Burrito Wrap	Allegra's BBQ Beans served with cornbread	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy	Butternut Squash and Tomato Bake with Rice	Meat-free Nuggets and Chips
Green Beans and Sweetcorn	Peas and Broccoli	Carrots and Cabbage	Broccoli and Sweetcorn	Baked Beans and Peas
Raspberry Ripple Ice Cream	Brownie	Shortbread Biscuits with Fruit Slices	Berry & Peach Oaty Crumble with Custard	Orange, Sultana and Carrot Cake Slice

Please note that all meals are subject to change due to availability of produce.

## Love reading?

### Then try this....

Blayze in 6LR is currently enjoying reading The Guinness World Records book for 2019. He really likes non-fiction books because finding out facts is interesting and fun.

There is a whole series of these books, one for each year. In them, you can find out loads of really interesting facts about amazing things that people have achieved. Blayze especially enjoys the football and combat sports related things that people do. Did you know that in May 2018, Cristiano Ronaldo, who plays for Manchester United, had scored 120 goals in the UEFA league? Also, Champion boxer, Floyd Mayweather Jr retired from boxing with a record of 50 wins and no defeats? These are the kinds of cool things you can find out in this book!



What cool facts can you find out?

We'd love to know what you are reading at home. If you have any reading recommendations, please let us know so we can share them here.

### Disabled Parking Bays

Please can I remind you that the disabled parking bays should only be used by those parents that hold a blue badge and can produce this when requested. If you have permission to pick up or drop off in the car park but don't hold a blue badge, please find an alternative parking bay (there are three visitor spaces available)

## Out & About

On Tuesday morning the Out and About group from **Mrs Barnett's class** visited the Donkey Sanctuary in Wroxall. The children loved their first adventure on the minibus and were excited to meet all of the donkeys and ponies. They met the miniatures, oldies, dieters, Jacks (male donkeys) and Jennies (female donkeys)! The children also enjoyed having cuddles with little Bella, one of the miniature donkeys. She was very calm and liked all the attention from the children. The sanctuary were very grateful for the donations that were sent in and would like us to pass on their thanks.



The **1CE** Out and About team took part in a beach clean near the lifeboat station at Bembridge Ledge. The children are learning about how to look after the planet so helped to do their bit! They had fun using litter pickers to gather plastic waste along the tide line, mainly finding parts of plastic takeaway cups, bottles and drinks cans. Whilst on the beach, the children listened to the stories *Somebody Swallowed Stanley* by Sarah Roberts and *Clean Up!* by Nathan Bryon. We talked about the 4 Rs; reducing, reusing, recycling and refusing and different changes we can make to help our World.



All of **Year 3** and **Year 5** children were fantastic at swimming this week. The children tried hard in their assessments and lessons, listening to instructions and giving it their all. Great job swimmers!

This week's **Year 5** Swimming Superstar awards go to:

Leo Wilkinson, Ethan Wade, Jude Butler, Jaylen Butchers, Emmie-Rose Kearns, Poppy Wilson-Blake and Thea Taylor.

### Out and About next week...

Please ensure your child wears warm play clothes, lots of layers, hat, scarf, gloves, wellies and a warm waterproof coat. Bring shoes in a named bag to change into for the afternoon.

### Tuesday am - RSJ Visiting the Donkey Sanctuary

Please bring some loose change in an envelope to put in their donation bucket.

Ellis, Amelia-Lily, Joe, Marleigh, Macie, Ava, Harry, Edward, Arlo, Amelia, Logan, Clay, Kaiya and Isabelle.

### Wednesday am -1KS Beach clean

Ellie, Ethan, Daisy, Lilly, Miller, Oliver, Max, Daniel, Samuel, Juniper, Corey, Eve and Chloe.

Swimming lessons next week:

**Tuesday pm - Year 3**

**Wednesday pm - Year 5**

We are looking forward to next week's swimming lessons. Please ensure your child has a swimsuit / swim shorts, goggles and a towel with them in a bag. Please note, the coach and minibus will not return to school until approximately 3.15pm.

Thanks in advance for your co-operation.

### **Introducing Anti-Bullying Ambassadors**

You may remember back in the autumn term we had an anti-bullying assembly and a week of activities. As a result of that, Millie Seal in 5PG came up with the idea that we should have anti-bullying ambassadors at Queensgate.



Mrs Barnett and I advertised the post. We had lots of children fill in the application form, some to a very high standard. We shortlisted. We then invited children to individual interviews and we made our final selection.

The children have now received their training and anti-bullying badges.

On Monday they will be starting their work on the playground.

The Queensgate Anti-Bullying Ambassadors are:

Alfie R, Leana M, Emilia R, Lottie R, Emma R, Alexis C, Oliver P, Fraser P, Esmee S, Layla L, Millie S, Tianna O and Lilly K.

### **Attendance**

Assemblies this week have been about attendance at school and making every minute of school life count. Please ensure your child has good attendance. The only reason they should be absent from school is if they are not well enough to be here. All holidays should be taken in school holidays not term time. If your child is unwell you must let the school office know the reason they are not in and this must be followed up in writing via note or email once they return. Good attendance means good progress.

### **Pop Up Vaccination Centre in East Cowes**

It is very important that everyone gets the Covid vaccine. There is a great opportunity to get your vaccine if you haven't done so already, especially for those people that travelling to Westridge or Riverside is difficult for. Please see advert on page 7 for more details.

### **Weight and Height in Reception and Year 6**

Please see more information on page 10 and 11 of this newsletter. There is also a letter from Simon Bryant (Director of Public Health) and Steve Crocker (Director of Children's Services) on our website here: <https://www.queensgateprimary.co.uk/parents/news>

**Whole school attendance 94.02%.**

**Remember that good attendance will help your child to succeed at school.**

**This week 1KS achieved 98.67% attendance!**

**Well done.**

**Thank you for your support.**

**Best wishes,**

**Samantha Sillito**

**Headteacher**



# COME AND JOIN US

Girls age 5-10



Your nearest Rainbow/Brownie unit is



East Cowes for more information contact : eastcowesrainbows@hotmail.com

Register your interest by visiting [www.girlguiding.org.uk/joinus](http://www.girlguiding.org.uk/joinus) or you can ring Girlguiding on 0800 169 5901



## East Cowes Town Council

### POP-UP VACCINATION CENTRE, EAST COWES FIRE STATION

22nd January 10am-5pm for all vaccinations aged 12 and over. Children must be accompanied by a consenting adult.

Please spread the word 😊





## Holiday activities

Free places available for children who receive benefit-related free school meals.

A wide range of engaging activities with a nutritious meal are on offer for school ages (5 to 16) during the February half term.

Places are limited, so book early to avoid disappointment.  
To find out more and book, visit: [www.connect4communities.org](http://www.connect4communities.org)



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**FOR PARENTS & CARERS**

PLEASE NOTE  
NEW TIME BELOW

**“youth trust”**

## ANXIETY INFORMATION SESSION

THIS SESSION WILL BE FACILITATED BY OUR WELLBEING PRACTITIONERS AND WILL BE A SAFE SPACE FOR PARENTS OF 8-16YR OLDS TO GET INFORMATION AND PEER SUPPORT.

The session will centre around ways of supporting your young person with their anxiety and yourself. There will also be an opportunity for discussion and to ask questions.

Where: Youth Trust House, 114 Pyle Street, Newport PO30 1XA

To book your place, please contact  
the Youth Trust on  
01983 529569 or email  
[info@iowyouthtrust.co.uk](mailto:info@iowyouthtrust.co.uk)

**Thursday 27th January.  
10.30am - Midday**



## Catering Job Opportunities

Chartwells are the leading school meal providers and we have Cook Supervisor roles available. Full uniform and training will be provided.

25hr a week (5hrs daily) Cook Supervisor – St Mary’s Catholic Primary School, Ryde

30hr a week (6hrs daily) Cook Supervisor – IOW Mobile Team

30hr a week (6hrs daily) Cook Supervisor – IOW Mobile Team

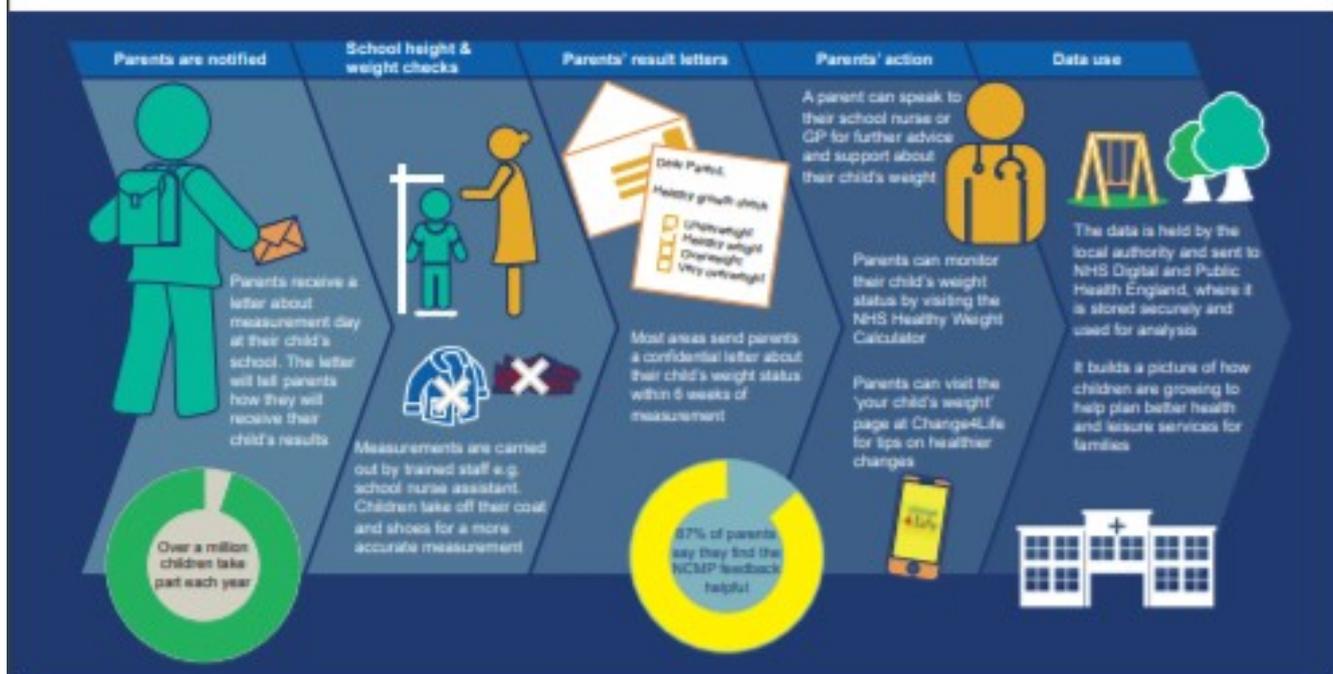
Qualifications not essential, as this is offered whilst working. Just showing a passion for the love of cooking/serving the pupils.

Job Type: Term Time only  
Position availability: Immediate  
Hourly rates: Upon application

If you are interested, please apply by ringing the IOW office 01983 550500

# School height and weight measurements

Every year, throughout England, more than a million children in Reception and Year 6 have their height and weight measured at school as part of the National Child Measurement Programme



## What we know from the data collected so far

- Most children in Reception and Year 6 are a healthy weight.
- Around one in ten children in Reception is very overweight. This doubles to one in five children by year 6.
- The number of very overweight children in Year 6 is increasing year on year.
- Most children who are overweight in Reception will remain so or become even more overweight for their age by year 6 without action to achieve a healthier weight.

Because many children are overweight, we are all becoming used to seeing heavier children as the norm. It means we cannot always tell when a child is overweight. That is why many parents find it helpful to have an objective measurement of how their child is growing. More than 8 in 10 parents say this information is helpful and they can then make decisions about their child's lifestyle and wellbeing to make changes, or seek support if necessary.

## Why achieving a healthy weight is important

When children are a healthy weight, they feel better about themselves. They find it easier to play and learn. And they are more likely to grow up healthy too. Helping them to be a healthier weight when they are a child can set up their health and wellbeing for life.

You can encourage the whole family to enjoy eating healthily and being active which will help your child achieve and maintain a healthier weight. Children who see their parents, grandparents and carers following a healthy and active lifestyle tend to join in and learn by example. These habits become a normal part of everyday life for the whole family.



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NHS publications gateway number: 2017758

For more information on helping your family lead a healthy life, please turn over.

# Change4Life is here to help your family be healthy and happy



## Be Sugar Smart

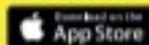
Kids are having nearly three times more sugar than they should. Too much sugar is bad for teeth and can lead to weight gain. But don't worry, we have some simple swaps to help you be sugar smart and cut back.

- 1** Sugary drinks are bad for teeth and lead to decay. Swap fizzy drinks, juice drinks and flavoured milks for water, lower-fat milks and no added sugar drinks. Limit fruit juice to no more than 150ml a day and stick to meal times.
- 2** Eating breakfast every day is important, but some breakfast choices have much more sugar than you think. Opt for plain porridge, shredded wholegrain or plain wholewheat biscuit cereals. Help your kids towards their 5 A DAY by adding in chopped fruit.
- 3** Sugary snacks can all add up! Fruit and vegetables are always the best snack. But when choosing packaged snacks, stick to two a day max.



## See what's really inside your food and drink

Download our food scanner app for FREE and see for yourself the amount of sugar, salt and saturated fat in everyday food and drinks.



## change 4 life is here to help.

Search Change4Life and sign up for loads of healthy eating tips, tasty recipes, easy lunchbox ideas, fun activities and much more!



We're on Facebook too and want to hear from you!