



# Queensgate Foundation Primary School

Beatrice Avenue, East Cowes. Isle of Wight. PO32 6PA Tel: 01983 292872  
Headteacher: Samantha Sillito B.Ed (Hons) NPQH  
Deputy Head: Robin Chubb B.Sc (Hons) PGCE NPQSL  
Assistant Head: Clare Grant B.Ed (Hons)  
Assistant Head: Peter Tilling B.Sc (Hons) NPQSL

## 6LR AUTUMN NEWSLETTER

Dear Families,

Welcome to the new school year at Queensgate. I hope your child is excited and enthusiastic to be back at school and have enjoyed their first week in year 6. I have been very pleased with how well the class has settled over the last week and I look forward to teaching them this year.

### Teaching Assistants

The teaching assistants for 6LR will be Miss Young and Mr GWilliam.

### Topic

Our first topic of the year is 'Rainforest Explorers and Adventure'. The children will be studying various aspects of rainforests including learning about the location and structure of rainforests, why they are important, and learning about the lives of people living in these areas and the challenges they face. This topic will link heavily with Art/DT and ICT and will also form part of our literacy lessons. The children will be encouraged to develop the mental skills required by explorers such as problem solving, resilience and logical thinking as well as some practical skills such as den making and model raft/canoe making. As part of this work, we will be based at East Cowes seafront on Thursday 26<sup>th</sup> September for the day (a text will be sent out about this).

### PE Lessons

We will have PE lessons on a Monday and a Friday. Hopefully these lessons will be outside unless the weather is very bad. Children should come to school in their PE kits on these days. As the weather gets cooler, they are allowed to wear a navy tracksuit. Our main focus for this half term is improving our general fitness, develop our skills of agility, balance and co-ordination and learning to play competitive tag rugby games.

### PSHE

Our first series of PSHE lessons will explore mental health and wellbeing. Beginning with recapping previous learning about different feelings and emotions and moving to a focus on 'mental health' - what we mean by this and how we look after it. Children will explore some of the things that can affect a person's mental health as well as managing times of change and challenge. We will look at healthy coping strategies and how to put them into practice. Children will explore the effects of loss and bereavement and ways to manage change, loss or bereavement. They will also identify sources of support to help someone who is grieving. This unit will conclude by focusing on the feelings and common anxieties children may face when starting secondary school and ways in which they can manage them positively.

**Working together for a successful future**



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## Visitors

Over the year, all of the children in year 6 will be asked to take on challenges and try new activities. This half term we welcome Jack Stevenson (Breakdancer) and Kalim Bartlett (Beatboxer) as well as having an Olympian visit which will hopefully help to motivate and inspire the children.

## Homework

Homework will be set on a Monday and needs to be completed by Friday. Your child should be spending 20-30 minutes a week on their English task and 20-30 minutes a week on their maths tasks. They should also be spending time working on their timetables and/or on prodigy. Your child should also be reading each day (they also have access to a website which is a game-based reading program).

Yours sincerely,

Miss Radcliffe, Miss Young and Mr Gwilliam