



Queensgate PE competition overview

Competition intent

At Queensgate we hope that all children will enjoy participating in a range of different competitive opportunities. Each competition will have a clear intent which will be shared with parents and children. We follow the guidance from the Schools Games mark so all our competitive opportunities will have at least 1 of the following intents:

- To develop confidence and competence within physical activity/sports skills.
- To increase regular participation and motivation.
- To improve knowledge and understanding of sport and physical activity.
- To build social skills and connections (i.e. sense of belonging).
- Championing physical literacy (*"Physical literacy is the motivation, confidence, physical competence, knowledge, and understanding to value and take responsibility for engagement in physical activities for life."*).
- To improve health and wellbeing (i.e. 60 active minutes).



Types of competitions available to Queensgate pupils

- **SGO run Hampshire games/Island championships:** these events are for the more able pupils to extend/develop their skills.
- **Cup football, cricket, netball competitions:** these are knock out events aimed at the more able pupils.
- **League football and cricket competitions:** these start as round robin competitions before reaching knock out stages - allows the opportunity for larger squads.
- **Area events run by schools:** These are more open, friendly competitions which allow pupils with a wider range of abilities to compete.
- **SGO run B team competitions:** These events are aimed at increasing the number of children getting competitive opportunities. This targets pupils who aren't strong enough for the championship teams.
- **SGO run festivals:** These are aimed at different groups of pupils. Depending on the event it could be pupils who are not engaging in physical activity, children who are not strong enough for the championship teams or children who lack confidence.
- **Interclass/within school competitive events:** these should involve all pupils and give everyone the chance to experience and learn from competitive opportunities. Sports day is an example but all pupils would benefit from more chances to be involved in competitions.