

Queensgate PE Implementation - Long Term Overview

Year	Invasion games	Net and wall/target games	Striking and fielding	Gymnastics	Dance	Swimming	Athletics	Health and fitness	OAA	Competitions
RECEPTION	Aut 1: First PE Spring 1 – Multi-skills Spring 2: enjoy a ball Summer 1: football Fun Summer 1: ball games Summer 2: tennis			Aut 1 Spring 1	Spring 2: Olympic dance		Summer 2: athletics	Aut 2: pirate fitness	Forest school work Aut 2: outdoor adv/orienteering	In class competition – beat your own score
YEAR 1	Aut 1: multi skills Aut 2: ball skills Summer 1: ball games Summer 1- kwik cricket???? Summer 2: Football Fun			Spring 1	Spring 2	N/A	Spring 2 – indoor athletics Summer 2 - athletics	Aut 2- pirate fitness/fitness	Aut 1: orienteering	In class competition – beat your own score/mini games
YEAR 2	Aut 1 –multi skills Aut 2: ball skills Summer 2: football fun	Summer 1- tennis	Summer 1 – kwik cricket???	AUT 2 Spring 1	Spring 2	NA	Spring 1: indoor athletics/fitness Summer 2	Spring 1 - fitness	Aut 1: orienteering Spring 2: Outdoor adventure	In class competition – beat your own score/mini games
YEAR 3	Aut 2 – basketball Sum 2 – tag rugby	Summer 1 – net and wall games	Summer 1 - cricket	Spring 1	Spring 2	Spring 1 Spring 2	Aut 1 – multi skills Summer 2 - athletics	Aut 2-ninja/fitness	Aut 1 - orienteering	In class competitions and 2 interclass competition. Access to interschool festivals.
YEAR 4	Aut 1 – tag Sp1: boccia Aut 2: netball Summer 2: football	Spring 2 – net and wall games cards	Summer 1 - rounders	Spring 1	Spring 2	NA	Aut 1 – multi-skills Summer 2 - athletics	Aut 2 - circuits	Sum 1 – outdoor adv/orienteering	In class and termly interclass competitions. Some interschool competitions
YEAR 5	Aut 2: netball	Summer 2 - tennis	Summer 1 – cricket Summer 2: golf	Spring 1	Spring 2	Spring 1/2	Aut 1 Summer 1 - athletics	Aut 2 - fitness	Aut 1: OAA/Cross curric orienteering	In class and termly interclass competitions. Some interschool competitions
YEAR 6	Aut 1 – tag rugby Aut 2 – basketball Spring 1: Quicksticks Summer 1: handball	Summer 2 - tennis	Summer 2 - rounders	Spring 1	Spring 2	NA	Aut 1 – PPA time Aut 1 – indoor athletics Summer 1 - athletics	Aut 2 – fitness/boxercise/Mini Muay Thai	Spring 2 – cross country/outdoor activities Summer - geocaching	In class and termly interclass competitions. Some interschool competitions

Termly overview

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Gym	Pirate Fitness	GYM	Dance- Olympic Dance	Ball games	Athletics
	First PE	Outdoor adventure	Multi-skills	Enjoy a ball	Football fun	Tennis ? ppp planning <i>Bat and ball skills</i>
YEAR 1	Orienteering	Pirate fitness	GYM	Indoor athletics	Ball games	Athletics
	Multi-skills	Ball skills	Yoga	Dance	Kwik cricket	Football fun
YEAR 2	Orienteering	fitness	GYM	Dance	Kwik cricket	Athletics
	Multi-skills	Ball skills	Indoor athletics	Outdoor adventure	Tennis	Football fun
YEAR 3	Orienteering	Ninja fitness	GYM	Dance	Cricket	Athletics
	Multi-skills	Basketball	Swimming	Swimming	Net and wall games cards or twinkle planning	Tag rugby
YEAR 4	Tag rugby	Fitness	GYM	Dance	Orienteering/OAA	Athletics
	Multi-skills	Netball	Boccia	Tennis	Rounders	Football
YEAR 5	OAA	Fitness	GYM	Dance	Athletics	Tennis
	Multi-skills	Netball	Swimming	Swimming	Cricket	Golf or football
YEAR 6	Indoor athletics (take outdoor as much as possible)	Fitness	GYM	Dance	Athletics	Tennis
	Tag rugby	Basketball	Cross country/ orienteering	Quicksticks		Rounders
	PPA: multi-skills			handball depending on fixtures		PPA: geocaching OAA
Assessment focus (LA)	Multi-skills – focus on throwing/catching	General fitness	Gym – balance/co-ordination focus	Dance – balance/co-ordination	Ball skills – throwing/catching	

More able pupils (possible future team players)	Football/Tag rugby	Netball/basketball /Quicksticks		Tennis, Kwik cricket	Athletics, cricket, netball
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Look at: <https://www.playsport.net/skill/netwall>