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Friday 5th May 2023

Issue 29







Year 6 SATs Next Week

Dear Families,

Year 5 and 6 had the privilege of working with Al Sylvester yesterday. He entertained and amazed the children (and adults) with stories of his expeditions and accomplishments and left us with his mantra - Never Give Up! Here are some photos and comments from the children:











I think it must have been hard to accept the fact that he lost his thumbs and then be paralysed afterwards. I just think he's an amazing person to be here today and share his story. He is an inspiration. **Amber J 5TS**

I found it weird when I heard that they peed into a bottle, then cleaned it and drank coffee out of the same bottle! **Sienna L 5TS**

I think the workshop was very interesting and funny. He was also very honest. Best workshop ever! **Sadie 5TS**

It really opened my eyes to how they had to live for

six weeks and also how if you don't tell the truth the results could be catastrophic. Felicity H 5TS

Al Sylvester came to our school to talk to us about his amazing adventure to the South Pole. He said that the key to being prepared is always do maths, reading and writing! His motto is "Never give up!"

Rochelle 5RA

Today Al Sylvester came to our school to talk about the seven weeks he spent in Antarctica trying to ski 600 miles to the South Pole. He inspired me to never give up, be brave, be honest and be determined. I really enjoyed his visit here at Queensgate. **Zoe G 5RA**

Al talked about his exploration to the South Pole, the training, equipment and the clothes he had to wear. He was very funny and told us never to give up and work hard. **Grace W 5RA**

King's Coronation

Today the children dressed like Royalty! We joined together for an assembly and enjoyed singing The King's Coronation Song. I know there are a lot of events organised in East Cowes and I hope you all enjoy the momentous occasion.

Please remember due to the King's Coronation, Monday 8th May is a Bank Holiday. Queensgate will be closed on Monday.





The choir singing in assembly ready for Sunday Evening.

5RA on parade!

Year 6 SATs Week

Here is a timetable for Year 6 SATs week.

Date	Exam
Tuesday 9 th May 2023	Spelling, Grammar and Punctuation
Wednesday 10 th May 2023	Reading
Thursday 11 th May 2023	Maths Paper 1 – Arithmetic and Maths Paper 2 - Reasoning
Friday 12 th May 2023	Maths Paper 3 - Reasoning

It is paramount that the children get a good night's sleep the night before their exams. Breakfast is provided in school at 8am. This is really good for the children. They come into school at 8am, enjoy breakfast together and have some chats and fun. I recommend this to all Year 6 pupils. It's free too!

Year 2 SATs are the following week Monday 15th May to Friday 19th May.

Year 4 multiplication checks are in the week commencing Monday 5th June. All Year 4 children need to know all of their multiplication tables at speed by then.

Year 1 phonics screen is in the week beginning Monday 12th June.

Assessment week across the school is week beginning Monday 12th June.

Out & About

The children in Reception have been learning about different types of transport in class. This week our **RSD** Out and About team went to Ryde to spot different types of transport. They watched the hovercraft coming into the terminal and then went on the electric train from Ryde Esplanade to Brading station. The children were very sensible waiting on the platform and boarding/disembarking the train. They all really enjoyed going through tunnels, under bridges and looking out the window at the changing scenery. They listened to facts from non-fiction books and were read story books about trains whilst they had their snack at Brading, before changing platforms to return back to Ryde.







On Tuesday afternoon the **Year 5** Out and About group walked from Bonchurch, along the revetment towards Ventnor, following the solar system trail. The children took it in turns to read facts about the different planets and learnt the order of the planets from the sun as well as the distance between each planet. Using sports balls (scaled down representatives of the planets) they compared the sizes of the planets. The children were all well behaved, engaged and enthusiastic. Well done Year 5!







The children in Year 4 are reading the story *The Boy Who Harnessed the Wind* and learning about renewable energy. The Out and About group from **4MC**, visited Bembridge Windmill on Wednesday morning, to tie in to their classroom learning. The children explored creating line drawings of the 300 year old windmill using pen. They were then challenged to navigate their way to Whitecliff Bay. The group demonstrated great map reading skills and stamina for the walk, working well as a team.







On Wednesday afternoon the second **6LR** Out and About team went geocaching around the old Merstone railway station, along the cycle path and surrounding farmland. The children used their mobile phones and geocaching app to try to make sense of hints and navigate using GPS to find caches. The group worked well together and were able to locate five caches within the area, recording in the logbook of each one.







The **Out and About after school club** had a super time at Puckpool park on a Wednesday afternoon. The children had a fantastic time playing together on the equipment.







Out and About next week...

Tuesday 9th May am RSD

Train ride from Ryde Esplanade

Wear play-clothes and comfortable shoes.

Sadie, Alfred, Elsie-Mae, Luke, Elijah, Jasper, Freya, Frederick, Ace, Imogen, Wyatt, Olivia, Archie and Penny.

Tuesday 9th May pm Year 5

Bonchurch Solar System trail

Please wear play-clothes, a waterproof coat and trainers.

Archie, Freddie, Robert, Isabella, Aribella, Keira, Tommy, Chloe St, Sadie, Toby B, Jude D, Felicity, Sienna, Jack and Sophie.

Wednesday 10th May am 4MC

Bembridge Windmill

Please wear play clothes, a waterproof coat and bring wellies.

Connor, Eliana, Matthew, Abigail D, Florence, Emily H, Tyson, Elsie-May, Sophia-Leigh, Jack P, Leon, Liam, Archie, Léon and Adriana.

Wednesday 3rd May pm 6LR

Geocaching at Merstone

See letter for details about downloading the app in advance (also create a login ready) and bringing phones.

Please wear PE kit and bring a waterproof coat.

Ella, Oliver B, Kaydee, Jasmine, Biz, Leo E, Jada, Toby, Emilia, Ellie, Owen and Thomas.



Dragonfly: Impact Education



Did you know?

Not knowing everything is part of being human. Think about the question: 'What is the biggest number?'. Depending who you ask, you will get a lot of answers to that question. A young child may answer 10, or 100 or 1000 depending on their age and stage of development. An adult is more likely to look perplexed and think about it. Some may answer 'googolplex' or 'Graham's Number' or another famous big number. The answer is, there is no biggest number as we can always add one. The same can be said for our feelings. There is no end state... we can always add (or take something away) to change how we feel. Staying curious is key.



Add in

Sometimes our current situation may be improved by adding something to it. That may be in the form of another person or another thing. For example, we may be spending too much time alone and need to reach out for connection or we may benefit from adding an extra glass of water or an extra hour of sleep. If we are feeling particularly low, the rule of three can work well: try to do three things in quick succession that bring about pleasant feelings and nourish you. For instance, walk in nature and then complete a gratitude journal and then have a relaxing bath or shower.



Seek out

The concept of the universe being infinite opens up a whole host of opportunities to find wonder. When we look outside of ourselves, we sometimes find that our own feelings of fear or self-doubt can minimise. One experiment found that the following were most likely to trigger wonder and awe (in this order):

- Natural scenery
- Great skill
- A religious experience
- Great virtue
- Buildings or monuments
- Inspirational leaders
- Great ideas
- Music

Take away

We live in a world where there is ever more on offer: more types of food, more clothes in fashion, more places we can live, more experiences we can have, more people we can meet, more technology we can use. Sometimes the choices can be overwhelming and bring on decision fatigue. In these cases it might be that our lives would benefit from taking something away rather than adding something in. Ask yourself 'what could I take away that would improve my day to day life?". It could be some clutter, a belief about yourself or others, a social media app etc. Just because things exist, doesn't mean we have to engage with them.

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Blands in the Stream: Senior Mental Health Leads in Schools by Claire Pass & Rachael Bushby





What's for dinner next week?

Play, Learn Grow...

(Remember all Reception, Year 1 and Year 2 children are entitled to Free School dinners.)

Mor	nday	Tuesday	Wednesday	Thursday	Friday
BANK H	OLIDAY	Pork Sausages Served with Mashed Potatoes, Gravy and Two Vegetables	Roast Turket Served with Roast Potatoes, Gravy and Two Vegetables	Beef Bolognese Served with Wholemeal Pasta and Garlic and herb Bread	Breaded Fish Fingers Served with Chips and Two Vegetables
		Cauliflower Macaroni Cheese Served with Two Vegetables	Roasted Vegetable Butterbean Crumble Served with Roast Potatoes, Gravy and Two Vegetables	Vegetarian Bolognese Served with Wholemeal Pasta and Garlic and Herb Bread	Vegetarian Dippers Served with Chips and Two Vegetables
		Jacket Potato or Tomato Pasta	Jacket Potato or Tomato Pasta	Jacket Potato or Tomato Pasta	Jacket Potato or Tomato Pasta
,		Strawberry Jelly with Fruit	Hot Chocolate Sponge with Chocolate Custard	Lemon Slice with Fruit	Crispy Crackle Bar

King Charles 'Throne'

The School Council were lucky enough to help Holly from the PTFA decorate a 'throne' for King Charles' Coronation. The members of the council had a great time and did a great job! The chair is now on display in the window of MadVik shop, at the bottom of York Avenue. Well done all!













Attendance

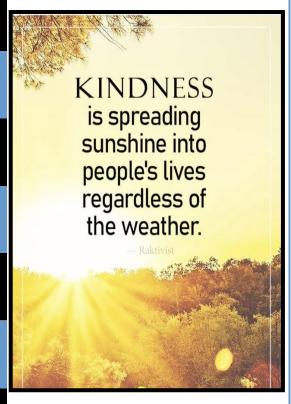
Whole School Attendance since September is 93.74%

Whole School Attendance this week is 89.38%

KS1 Class with best attendance this week is 2KG with 94.05%

KS2 Class with best attendance this week is 5RA with 98.10%





Knitting Club

We are offering a new club for next half-term - knitting. It will be on a Friday 3.00 - 4.30pm. It is just for six children to start with but may increase after the summer holiday. The club is for beginners so they can be taught the basics first. Open to Year 3 - 6. More information will be given nearer the time.

And finally...

Good luck to our fabulous choir who are singing at St Mary's Church, Cowes from 6pm to 7pm on Sunday evening.

Have a wonderful bank holiday weekend. Remember to chat, read and play together and we look forward to seeing all the children again on Tuesday 9th May.

Best wishes,

Samantha Sillito

Headteacher

THE OFFICIAL EAST COWES CORONATION CELEBRATIONS THE BIG LUNCH



12PM - LATE SUNDAY 7TH MAY JUBILEE RECREATION GROUND

LIVE SCREENING OF THE WINDSOR CASTLE MUSIC CONCERT

MUSIC, EVENTS ARENA & ENTERTAINMENT, STALLS, FANCY DRESS COMPETITION, DRINKS VANS, DOG SHOW, EMERGENCY SERVICES AND MUCH MORE













car-share, cycle, park and stride/walk from Shide or Merstone

(small carpark)
ww.naturezones.org.uk



