

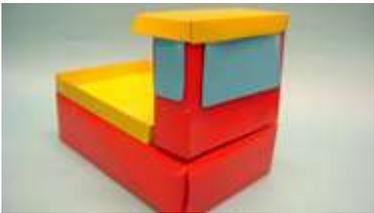
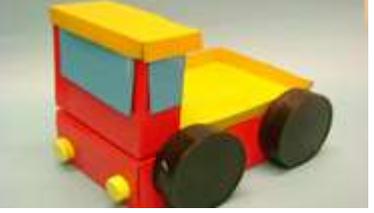
# How to make a dumper truck

## You will need:

- 1 large cereal box
- 2 small cereal boxes
- Shoe box lid
- Thin strip of blue paper
- 4 bottle tops
- Red and yellow paint to decorate
- 4 round lids
- Scrunched up newspaper
- Grey paint
- Black paint
- Sticky tape



## Method:

|  |   |
|--|---|
|   | <p>1. Cut the small cereal box in half, lengthways.</p> <p>2. Stick it on top of the larger cereal box using sticky tape on one side only.</p>  |
|  | <p>3. Cut the second small cereal box in half, widthways and stick this on the other end of the large cereal box, standing upright.</p> <p>4. Stick a shoebox lid on the highest part of the truck to make a roof.</p> <p>5. Stick a strip of blue paper just underneath the roof to make a window.</p> |
|  | <p>6. Stick two bottle tops onto the lower front of the truck to make the headlights.</p> <p>7. Paint the truck red and yellow.</p>   |
|  | <p>8. Paint four round lids black. When they are dry, stick them around the bottom of your truck to make the wheels.</p>  |
|  | <p>9. Scrunch up pieces of old newspaper and paint them grey to make some boulders for your truck to carry.</p>   |

# How to make a bird feeder

## You will need:

- Margarine tub
- Different coloured paper or paint
- Glue
- Hole punch
- Wool



## Method:

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|--|---|
|    | <ol style="list-style-type: none"><li>1. Empty the margarine tub.</li><li>2. Decorate it by sticking on pieces of brightly coloured paper. Then wait for it to dry.</li></ol> |
|  | <ol style="list-style-type: none"><li>3. Use a hole punch to put four holes in the top of the margarine tub, so that you have two holes facing each other.</li></ol>          |
|  | <ol style="list-style-type: none"><li>4. Thread some wool through each of the holes, and tie the two ends together.</li></ol>   |
|  | <ol style="list-style-type: none"><li>5. Finally, fill your bird feeder with bird food.</li><li>6. Hang the bird feeder outside.</li></ol>                                    |

# Friendship Bracelet

This should take about 15 minutes



## You will need:

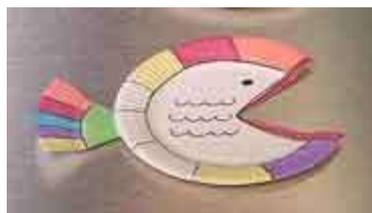
- Long strip of coloured, bendy card
- Stickers, coloured pom poms, and anything else to decorate!
- Glue

## Method:

|   |  |
|---|--|
| A photograph showing the materials for the bracelet: a red strip of card, a tray of colorful pom-poms, and a sheet of stickers. | <p>1. Cut out a long, thin strip of card.</p>  |
| A photograph showing hands gluing the ends of the red card strip together to form a bracelet.                                   | <p>2. Stick the ends of the card together with some glue. This will make the shape of your bracelet.</p> |
| A photograph showing the completed red friendship bracelet with white stars and colorful pom-poms.                              | <p>3. Decorate with stickers, coloured pom poms, and anything else you would like to use.</p>            |
|   | <p>4. Give to a friend.</p>  |

# Paper Plate Fish

This should take about **15 minutes**



## You will need:

- White paper plate or round white card
- Scissors
- Glue
- Colouring pens/pencils

## Method:

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|--|---|
|   | 1. Use a ruler and a pencil to draw a triangle on a paper plate.                        |
|  | 2. Cut out a triangle with some scissors.   |
|  | 3. Stick the triangle onto the edge of the plate using some glue, to make a fish shape. |
|  | 4. Draw some wiggly scales and an eye on the fish, using a black felt tip pen.          |
|  | 5. Decorate the rest of the fish with bright colours.                                   |

# Snack Bar

## You will need:

- Apron
- Baking tray
- Mixing bowl and spoon
- 1/2 cup chopped up cereal
- 1/4 cup chopped dried fruit or raisins
- 1/3 cup dried coconut
- 1 tbs honey
- 1 tbs tahini (this is a paste made from sesame seeds)
- 2 tbs water



## Method:

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|--|---|
|    | 1. Pour the cereal and dried fruit into a bowl.   |
|  | 2. Add the coconut.   |
|  | 3. Next, add the honey.   |
|  | 4. Now, add the tahini and mix well with your wooden spoon.                             |
|  | 5. Add the water until the mixture is able to stick together.                           |
|  | 6. Press the mixture into a baking tray, and put it in the fridge for one to two hours. |
|  | 7. Cut it into slices and eat.  |

# Table Football

This should take about 30 minutes

## You will need:

- Large piece of card
- Green felt (same size as your piece of card)
- Glue or sticky tape
- 2 white margarine tubs
- White tape
- Piece of newspaper
- White paint
- Straw



## Method:

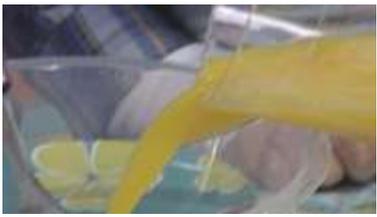
|  |  |
|--|--|
|   | <p>1. Get a large piece of card.</p> <p>2. Cut some green felt so that it is the same size as the card and stick it on top. This is your football pitch.</p>   |
|  | <p>3. Cut out one side of each margarine tub.</p> <p>4. Stick them on each side of your football pitch using glue or sticky tape. These will be the goals.</p> |
|  | <p>5. Stick white tape to the felt for the markings of the football pitch.</p>   |
|  | <p>6. Scrunch up a piece of newspaper and paint it white. This will be your football.</p>  |
|  | <p>7. Blow through a straw to move the ball around and see how many goals you can score!</p>   |

# Fresh Fruit Lollies

## You will need:

- Apron
- Mixing bowl and wooden spoon
- Potato masher
- 2 lolly sticks
- 2 egg cups
- Bowl of strawberries
- Bowl of blueberries
- Orange juice



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|--|--|
|    | 1. Mash up the strawberries using a potato masher.   |
|   | 2. Pour in the orange juice and mix together with a wooden spoon.  |
|  | 3. Spoon the mixture into the egg cups. Drop a couple of blueberries into each one and finish by placing a lollystick on the side. |
|  | 4. Drop a couple of blueberries into each one.   |
|  | 5. Put a lollystick on the side.   |
|  | 6. Put the egg cups into the freezer and leave for two to three hours.   |
|  | 7. Once set, lift the fruit lolly out of the egg cup by the lollystick. Be sure to eat them quickly before they melt!              |

# St Andrew's Day - Porridge

This should take about 15 minutes



## You will need:

- 1 cup porridge oats
- 2 cups milk
- $\frac{1}{2}$  cup water
- Try adding maple syrup, honey or fruit

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|--|---|
|    | 1. Pour the porridge oats into a saucepan.  |
|   | 2. Add in the milk and water.   |
|  | 3. Bring the saucepan to the boil and simmer for 4-5 minutes, stirring now and then to ensure the mixture doesn't stick to the bottom of the pan. |
|  | 4. Pour into bowls and spoon on your favourite topping.   |