

Animals including humans

Key Stage 1:

Parts of the Human Body

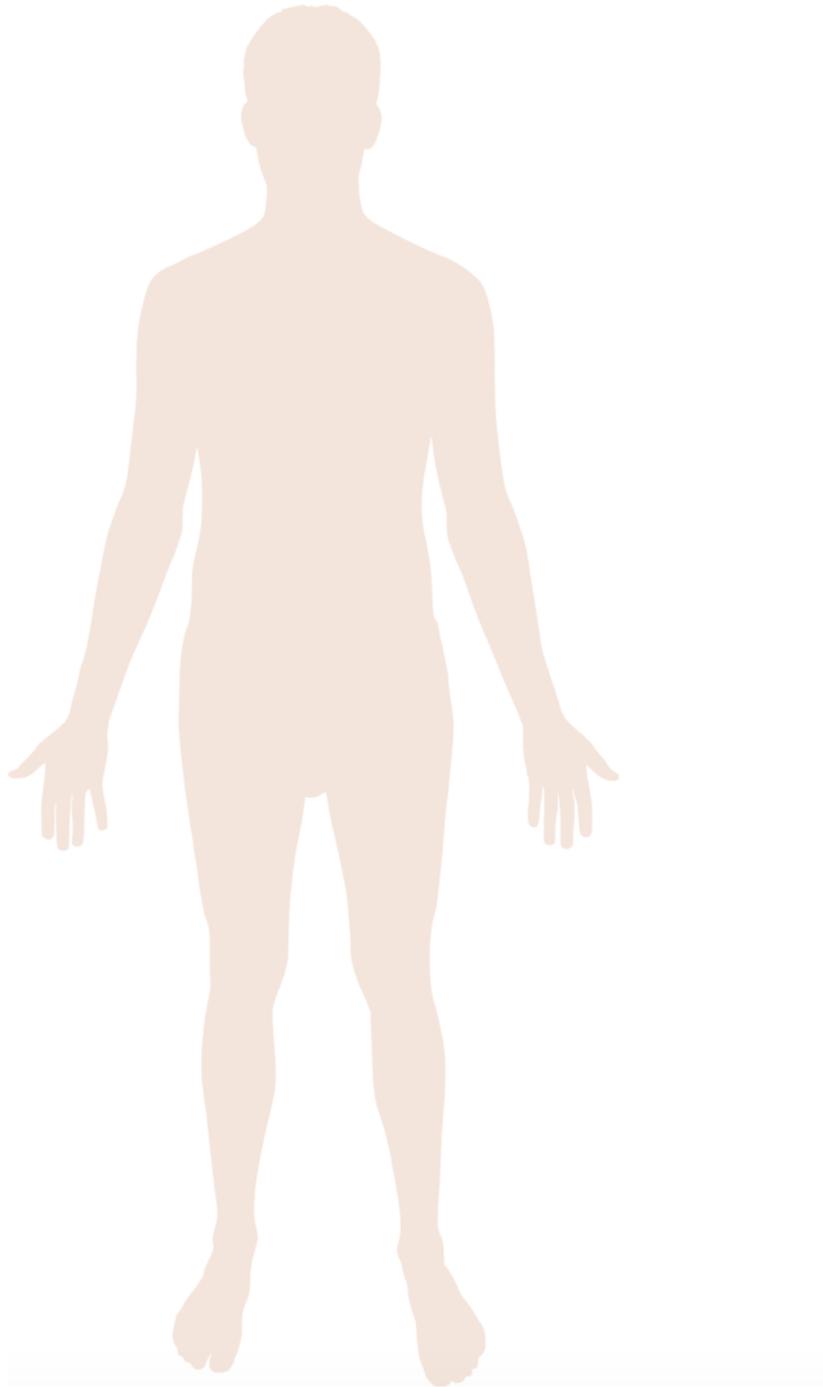
Activity: Draw around your body – and label it

If you have a hard area where you can do this safely outside, why not draw around your body in chalk (or ask a grown-up helper). If not, you could stick old newspaper sheets, or blank paper, together and draw around your body. Can you label different parts?



image: cleanpng.com

Activity: Can you label the parts of the body?



Head	Ears	Eyes	Nose	Mouth
Neck	Elbow	Arm	Leg	Knee
Feet	Hands	Hair	Shoulders	Face



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Activity: Parts of the face

Can you find and label the different parts of the face?



Image: cleanpng.com

Eyes	Head
Ears	Face
Mouth	Nose

What senses do we use our nose, mouth, eyes and ears for?

Activity: Play 'Simon says'

Play a game of 'Simon says', where one person gives instructions, such as:

- Simon says touch your nose
- Simon says bend your knees
- Simon says cross your legs
- Simon says pat your head
- Touch your ear (!)

And the other person/people do the action - but ONLY do the action IF the instruction starts with 'Simon says'. If you touched your ear (without 'Simon says'), you're out. Play again.



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Activity: Sing Head, Shoulders, Knees and Toes

Sing the song Head, Shoulders, Knees and Toes and do the actions:

- Head, shoulders, knees and toes
- Knees and toes
- Head, shoulders, knees and toes
- Knees and toes
- And eyes and ears and mouth and nose
- Head, shoulders, knees and toes
- Knees and toes!

Can you make up any more lyrics with different body parts?

Activity: A little Quiz

Here's a little quiz to check what you've learned about the parts of the body.

Tick the correct answers

1. Which of these might you find on a face?

Eyes	<input type="checkbox"/>
Mouth	<input type="checkbox"/>
Knees	<input type="checkbox"/>
Hands	<input type="checkbox"/>
Nose	<input type="checkbox"/>

2. Which of these protect our head?

Arms	<input type="checkbox"/>
Mouth	<input type="checkbox"/>
Hair	<input type="checkbox"/>
Elbow	<input type="checkbox"/>

3. What do elbows do?

Help us to bend our legs	<input type="checkbox"/>
Help us to bend our arms	<input type="checkbox"/>
Help us to walk	<input type="checkbox"/>
Help us to taste	<input type="checkbox"/>

4. What does the neck do?

Connect body to legs	<input type="checkbox"/>
Connect hands to arm	<input type="checkbox"/>
Connect feet to legs	<input type="checkbox"/>
Connect head to body	<input type="checkbox"/>

Activity: Find out more

Parts of the body

<https://www.bbc.co.uk/bitesize/topics/z9yycdm/articles/zqhbr82#zpbjxs>

How do we change as we grow?

www.bbc.co.uk/education/clips/zt7w2hv *BBC Bitesize 35 second clip on growing older*

www.bbc.co.uk/education/clips/z4tmhyc *BBC Bitesize Growing and changing.*



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